For Immediate Release

Public Health Alert: Informational Update
Information obtained from The Centers for Disease Control Website and Arizona Department of Health Services

Coronavirus 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?
Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

What we know about the virus:
- It is believed this virus likely originally emerged from an animal source, but now seems to be spreading from person-to-person (ADHS).
- Coronaviruses are a large family of viruses.
- There are currently no vaccines to prevent 2019n-Cov.
- The Center for Disease Control is currently monitoring the outbreak and providing updates and recommendations.
- PYTHSD is tracking the information and sharing updates on our website at www.pythealth.org

Symptoms:
Reported illnesses have ranged from mild symptoms to severe illness and death for confirmed coronavirus disease 2019 (COVID-19) cases. Symptoms may appear 2-14 days after exposure
- Fever
- Cough
- Shortness of breath

To prevent the virus:
- Wash your hands often with soap and water for at least 20 seconds. If not available, use hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue or your elbow.
- Clean and disinfect frequently touched objects and surfaces.
- Centers for Disease Control does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
- Facemasks should be used by people who show symptoms of the common cold, flu, or COVID-19, to help prevent the spread of the disease to others.

If you experiences fever, cough, or other acute illnesses…
Contact a health care provider (doctor, hospital, clinic), The Pascua Yaqui Health Services Division Community Health Nursing Program at 520-879-6119, PYTHSD Medical Director Dr. Arredondo at 520-879-6000, or the Pima County Health Department at 520-626-6016 as soon as possible.

Before you go to a doctor's office or emergency room, call ahead and tell them about your symptoms.

If you are unable to make an appointment with your Provider or if it is after hours you may contact:

NextCare URGENT CARE
520-573-7500
5369 S Calle Santa Cruz, Ste. #145
Tucson, AZ 85706

FASTMED URGENT CARE
520-576-5104
1895 W. Valencia Road, Ste. # 101
Tucson, AZ 85746

To learn more about the Coronavirus visit: https://www.cdc.gov/COVID19 https://www.azdhs.gov
https://webcms.pima.gov/government/health_department   www.pythealth.org