



PAL WARMLINE

The Pal Warmline is available to all youth to connect and talk to someone when needed Monday - Friday 8 a.m. - 5 p.m.
Call us at 520-328-6982 or 520-328-9117.

This is not an emergency crisis line, if you are experiencing an emergency please call 911. If you are experiencing a crisis, please call CSP at 520-591-7206.

For Guadalupe, please call 480-768-2000 Monday - Friday 8 a.m. - 5 p.m., and the call will be forwarded to a counselor. After 5 p.m., please call 480-736-4943 (EMPACT Crisis line).

