

## Pascua Yaqui Tribe COVID-19



## Tribal's Council's Request to help Slow the Spread - Laulauti ko'okoata ka chivehtine

## What that means for you:

- If you or a member in your household are feeling sick, stay home and contact your medical provider.
- If someone in your household has tested positive with COVID-19, please keep the entire household home and contact your medical provider.
- If you are an elder or a person with serious underlying health condition, we recommend you stay home and away from other people.

## Do Your Part to Slow the Spread of COVID-19:

- Practice Good Hygiene: Wash your hands often with soap and water for at least 20 seconds. If not available, use a hand sanitizer with at least 60% alcohol.
- Stay home and avoid social gatherings
- Practice Social Distancing by staying at least 6ft away from others.
- Wear a mask or cloth face coverings in public settings.
- Clean and disinfect frequently touched surfaces and objects (e.g., tables, countertops, light switches, door-knobs, and cabinet handles).

Information above gathered from the Centers for Disease Control Website

Visit our COVID-19 Web page at <a href="https://covid19.pascuayaqui-nsn.gov/">https://covid19.pascuayaqui-nsn.gov/</a>
If you have questions or would like to be screened for COVID-19, please call the Pascua Yaqui Tribe Health Services Division - Community Health Nursing at 520-334-7691

