

Pascua Yaqui Tribe Health Services Division

Phone: 520-879-6000 | Address: 7490 S. Camino De Oeste, Tucson, Arizona 85757



For Immediate Release- October 16, 2020

Public Health Alert: Influenza (Flu) Vaccine

FREE FLU SHOTS are now available. Ages 4 years and up. For an appointment, contact the Pascua Yaqui Community Health Nursing Department at 520-879-6119.

Are flu vaccines safe?

- A flu vaccine is the first and best way to reduce your chances of getting the flu and spreading it to others.
- For the past 50 years flu shots have been administered to millions of Americans, and there have been extensive research supporting the safety of flu vaccines.
- High risk groups include individuals with Diabetes, asthma, HIV/AIDS, cancer, pregnant women, people 65 years and older, and children. For more information regarding age recommendations about the flu vaccine contact your primary care provider.

Common misconceptions about the flu vaccine:

- ***Can you get the flu from the influenza vaccine?***
 - No, you cannot get the flu from the influenza vaccine, as it contains inactivated flu viruses, meaning the viruses are no longer infectious.
- ***Does the influenza vaccine increase your risk of getting COVID-19?***
 - No, there is no evidence that getting a flu vaccine increases your risk of getting sick from a coronavirus, like the one that causes COVID-19.
- ***Is it possible to get the flu and COVID-19 at the same time?***
 - It is possible to have both the flu and COVID-19 at the same time.
- ***Does the influenza vaccine protect against COVID-19?***
 - The flu vaccine does not protect against COVID-19. However, the CDC advises that the vaccine can reduce the risk of flu illness, hospitalization, and death. As well as, help to conserve potentially scarce healthcare resources.
- ***Should I get vaccinated in early July or August?***
 - No, getting vaccinated early is likely to be associated with reduced protection against flu infection later in the flu season, particularly among older adults. The best time to get vaccinated is the end of October through February.

Healthy habits to prevent the flu:

- The single best way to prevent the flu is to get vaccinated each year, but good health habits like avoiding people who are sick, covering your cough, and washing your hands often can help stop the spread of germs and prevent respiratory illnesses like the flu.
- Remember to wear a mask in public and continue practicing social distancing.

Information obtained from the Centers for Disease Control Website

Nau te vo'oho'one allae'ewamta vetchivo
Together on the Journey to Health

The Flu Season is here!

The PYT/Managed Care in collaboration with Community Health Nursing will be providing FREE FLU SHOTS

Vaccinations will be provided daily:

Pascua Yaqui Community Health Nursing Department

Starting October 5, 2020 – February 28, 2021

9:00 am to 11:30 am and 1:30 pm to 3:30 pm

9405 S. Avienda Del Yaqui

Appointments is necessary- Call 480-768-2033

You will need to stay in your vehicle

For more information contact the Pascua Yaqui Community Health

Nursing Department at 480-768-2033







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CENTERED SPIRITS MAIN TUCSON	COMMUNITY HEALTH NURSING DEPARTMENT TUCSON	COVID TESTING MODULAR	SPECIALTY CLINIC	NEW BEGINNINGS
STARTING October 5,2020 – February 28, 2021	STARTING October 5,2020 – February 28, 2021	STARTING October 5,2020 – February 28, 2021	STARTING October 5,2020 – February 28, 2021	STARTING October 5,2020 – February 28, 2021
9:00 am – 11:30 am 1:30 pm – 3:30 pm	9:00 am – 11:30 am 1:30 pm – 3:30 pm	9:00 am – 11:30 am 1:30 pm – 3:30 pm	9:00 am – 11:30 am 1:30 pm – 3:30 pm	8:00 am – 11:30 am
7490 S. Camino de Oeste – CSP Modular 520-879-6060	4725 W. Camino Tetakusim 520-879-6119	7465 S. Camino Benem 520-879-5652 520-334-7691	7490 S. Camino de Oeste 520-879-6120	7490 S. Camino de Oeste 520-879-6003

Appointments is necessary.

You will need to stay in your vehicle or in the exam room.

For more information contact the Pascua Yaqui Community Health

Nursing Department at 879-6119

